Stay home for the holidays

Protect yourself and others by staying home this holiday season. But if you must travel, follow these tips to prevent the spread of COVID-19:

Know you're healthy before you go.
Do not travel or plan to gather if you are sick or with someone who is sick, or if you have been around someone with COVID-19 in the past 14 days.

Wear a protective mask.
Cover your nose and mouth when in public settings, including on public transportation and in transportation hubs such as airports and train stations.

Watch your distance.
Avoid close contact by staying at least 6 feet apart from anyone who is not from your household.

Wash your hands frequently.
Using soap and water, wash your hands often for at least 20 seconds, or use hand sanitizer with at least 60% alcohol. And avoid touching your eyes, nose, and mouth as much as possible.

Let's do our part to be safe and stay healthy this holiday season so we all can thrive.