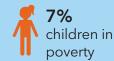
Kaiser Permanente: Working to Meet Health Needs in Walnut Creek

Key Findings about People in the Community

Total Population 740,257







6% uninsured



27% live in a food desert



17% children eligible for free/reduced price lunch



16% below 200% FPL²



19% physically inactive yout



22% lack social or emotional support



37% of adults and **16%** of youth are overweight



72% of adults and **43%** of youth do not consume adequate fruits and vegetables



23% of adults and 10% of youth are obese



19% heavy alcohol use (self-reported)



12% need mental health care (self-reported)

Kaiser Permanente works in partnership with other health organizations to learn about the issues and conditions impacting the health of our communities by reviewing data sources and talking with public health experts and community stakeholders. This snapshot displays Kaiser Permanente's strategies, 2017-2019, to respond to some of the most pressing needs in our community, leveraging our unique resources and expertise.

Areas of Focus



Healthy Eating Active Living (HEAL)

- Increase access to healthy, affordable foods, including fresh produce, and decrease access to unhealthy food
- Increase access to physical activity opportunities in schools and the community
- Increase access to safe parks and public spaces



Access to Care

- Increase access to primary and specialty care
- Improve navigation to obtain access to appropriate care within the health care system



Mental Health & Wellness

- ◆ Provide access to programs, services or environments that evidence suggests improves overall social/emotional wellness
- Promote integration of care between primary and behavioral health care

