

# Kaiser Permanente: Working to Meet Health Needs in Vacaville

## Key Findings about People in the Community

Total Population 284,618



- 39%** rent/mortgage is 30% or more of income
- 25%** live in a food desert
- 18%** children in poverty
- 49%** children eligible for free/reduced price lunch
- 27%** below 200% FPL\*
- 40%** physically inactive youth

- 23%** lack social or emotional support
- 15%** experience food insecurity
- 40%** of adults and **20%** of youth are overweight

- 30%** of adults and **20%** of youth are obese
- 72%** of adults and **44%** of youth do not consume adequate fruits and vegetables
- 14%** need mental health care (self-reported)

\*Federal Poverty Level (200% FPL for a family of four ranged from \$47,100 to \$48,500 between 2013 and 2015)

Kaiser Permanente works in partnership with other health organizations to learn about the issues and conditions impacting the health of our communities by reviewing data sources and talking with public health experts and community stakeholders. This snapshot displays Kaiser Permanente’s strategies, 2017-2019, to respond to some of the most pressing needs in our community, leveraging our unique resources and expertise.

## Areas of Focus

### Access to Care

- ◆ Support outreach, enrollment, retention and appropriate utilization of health care coverage programs
- Improve navigation to obtain access to appropriate care within the health care system

### Healthy Eating Active Living (HEAL)

- ◆ Increase access to healthy, affordable foods, including fresh produce, and decrease access to unhealthy foods
- ◆ Increase access to physical activity opportunities in the community and in schools

### Mental Health & Wellness

- ◆ Provide screening and identification related to behavioral health needs among low income, vulnerable and uninsured populations and connect them with the appropriate services or support
- ◆ Increase the capacity to respond appropriately to individuals and/or communities that have experienced trauma and/or violence

### Community & Family Safety

- ◆ Increase availability of education, job training and enrichment programs for youth