

# Increasing Access to Care in Our Communities

## PHASE: Preventing Heart Attacks & Strokes Every day

### What is PHASE?

- An evidence based clinical protocol first developed by Kaiser Permanente (KP) to reduce cardiovascular disease among our members, and later developed into a community based program
- A cost effective combination of medication and lifestyle changes that has reduced heart attacks and strokes by more than 60% among KP members
- A life-saving program KP shares with community health organizations that are part of the safety net

### To maximize our impact , we provide:

**Grant funding**, nearly \$16 million to date

**Funding**

**Clinical expertise** including clinician mentors, data, and patient communication materials

**Consultation, training, and resources** to optimize successful implementation

**Expertise**

**Evaluation support** so that we can learn, and continue to improve and expand the program

**Evaluation**

**Training**

### Our Goals:

**PREVENT DISEASE**

**ADVANCE EVIDENCE BASED MEDICINE**

**STRENGTHEN THE SAFETY NET**

**BETTER HEALTH & AFFORDABLE CARE FOR ALL**

### Some of the Benefits:

#### PATIENT:

- Better overall health
- Access to quality care
- Convenient, medication regimen
- Fewer ER visits

#### CARE PROVIDER:

- Synergy of team-based care supported by electronic health records
- Efficiency of pre-titrated, low risk medications
- Improved workflow and patient communication systems
- Ability to meet evolving health industry requirements

#### OVERALL HEALTH SYSTEM:

- Patient registries and panel management systems provide faster response times
- Population health data
- Continuously building evidence base and treatments
- Data-based decision making
- Financial stability