

# 2016 Implementation Strategy Report for Community Health Needs

Kaiser Foundation Hospital Vacaville License #550001207

Approved by KFH Board of Directors March 16, 2017

To provide feedback about this Implementation Strategy Report, email <a href="mailto:chna-communications@kp.org">chna-communications@kp.org</a>

# **Kaiser Foundation Hospitals** Community Health Needs Assessment (CHNA) **Implementation Strategy Report** 2016

Kaiser Foundation Hospital – Vacaville License # 550001207 1 Quality Drive, Vacaville, CA 95688

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Contact Person: Shiyama Clunie, Public Affairs Director

Date of Written Plan: December 16, 2016

Date Written Plan Was Adopted by

March 16, 2017 Authorized Governing Body:

Date Written Plan Was Required to Be

Adopted: May 15, 2017

Authorized Governing Body that

Kaiser Foundation Hospital/Health Plan Boards of Directors Adopted the Written Plan:

Was the Written Plan Adopted by Authorized Governing Body On or Before the 15<sup>th</sup> Day of the Fifth Month After the End of the Taxable Year the

No □ CHNA was Completed? Yes ⊠

Date Facility's Prior Written Plan Was Adopted by Organization's Governing

December 4, 2013 Body:

Name and EIN of Hospital Organization

Operating Hospital Facility: Kaiser Foundation Hospitals, 94-1105628

Address of Hospital Organization: One Kaiser Plaza, Oakland, CA 94612

#### II. **About Kaiser Permanente**

Kaiser Permanente is a not for profit, integrated health care delivery system comprised of Kaiser Foundation Hospitals, Kaiser Foundation Health Plan, and The Permanente Medical Groups. For more than 65 years, Kaiser Permanente has been dedicated to providing high quality, affordable health care services and to improving the health of our members and the communities we serve. Today we serve more than 10.2 million members in eight states and the District of Columbia. Since our beginnings, we have been committed to helping shape the future of health care. Kaiser Permanente is dedicated to care innovations, clinical research, health education and the support of community health.

#### III. **About Kaiser Permanente Community Benefit**

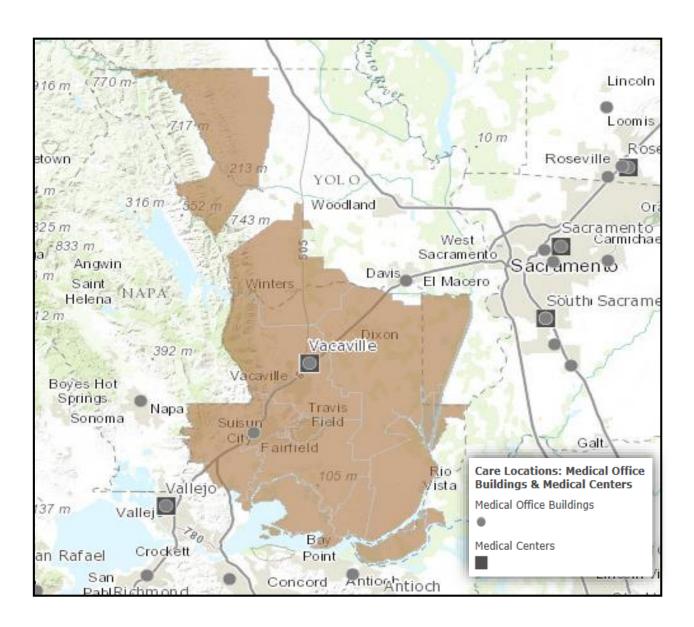
We believe good health is a basic aspiration shared by all, and we recognize that promoting good health extends beyond the doctor's office and the hospital. Like our approach to medicine, our work in the community takes a prevention-focused, evidence-based approach. We go beyond traditional corporate philanthropy or grant-making to leverage financial resources with medical research, physician expertise, and clinical practices. Historically, we have focused our investments in three areas—Health Access, Healthy Communities, and Health Knowledge—to address critical health issues in our communities.

For many years, we have worked collaboratively with other organizations to address serious public health issues such as obesity, access to care, and violence. We have conducted Community Health Needs Assessments (CHNA) to better understand each community's unique needs and resources. The CHNA process informs our community investments and helps us develop strategies aimed at making long-term, sustainable change—and it allows us to deepen the strong relationships we have with other organizations that are working to improve community health.

In addition, Kaiser Permanente seeks to promote community health upstream by leveraging its assets to positively influence social determinants of health – social, economic, environmental – in the communities we serve.

# IV. Kaiser Foundation Hospitals – Vacaville Service Area

The map below depicts the primary KFH Vacaville service area.



| KFH Vacaville Demographic Data <sup>1</sup> |         |  |
|---|---------|--|
| Total Population                            | 281,865 |  |
| White                                       | 57.29%  |  |
| Black                                       | 11.57%  |  |
| Asian                                       | 11.17%  |  |
| Native American/ Alaskan Native             | 0.53%   |  |
| Pacific Islander/ Native Hawaiian           | 0.91%   |  |
| Some Other Race                             | 11.63%  |  |
| Multiple Races                              | 6.91%   |  |
| Hispanic/Latino                             | 26.69%  |  |

| KFH Vacaville Socio-economic Data <sup>2</sup> |        |  |
|--|--------|--|
| Living in Poverty (<200% FPL)                  | 26.04% |  |
| Children in Poverty (<100% FPL)                | 16.74% |  |
| Unemployed <sup>3</sup>                        | 8.6 %  |  |
| Uninsured                                      | 10.88% |  |
| No High School Diploma                         | 13.3%  |  |

# V. Purpose of Implementation Strategy

This Implementation Strategy has been prepared in order to comply with federal tax law requirements set forth in Internal Revenue Code section 501(r) requiring hospital facilities owned and operated by an organization described in Code section 501(c)(3) to conduct a community health needs assessment at least once every three years and adopt an implementation strategy to meet the community health needs identified through the community health needs assessment.

This Implementation Strategy is intended to satisfy each of the applicable requirements set forth in final regulations released in December 2014. This implementation strategy describes KFH Vacaville's planned response to the needs identified through the 2016 Community Health Needs Assessment (CHNA) process. For information about KFH Vacaville's 2016 CHNA process and for a copy of the report please visit www.kp.org/chna.

# VI. List of Community Health Needs Identified in 2016 CHNA Report

The list below summarizes the health needs identified for the KFH Vacaville service area through the 2016 Community Health Needs Assessment process.

- 1. Healthy Eating / Active Living
- 2. Safe, Crime and Violence Free Communities (Community and Family Safety)
- 3. Affordable and Accessible Transportation
- 4. Access to Behavioral Health Services (Behavioral Health)
- 5. Economic Security
- 6. Access to High Quality Healthcare and Services (Access to Care and Coverage)
- 7. Disease Prevention, Management, and Treatment

In order to align with other Kaiser Foundation Hospital facilities in Northern California, KFH Vacaville has adopted the language noted in parentheses for several health needs. This language will be used moving forward as KFH Vacaville addresses health needs through the identified implementation strategies. The content of the needs remains the same as identified through the CHNA process.

<sup>&</sup>lt;sup>1</sup> Unless noted otherwise, all data presented in this table is from the US Census Bureau, 2010-14 American Community Survey 5-Year Estimate. Data is calculated for hospital service area by algorithm on the Kaiser Permanente CHNA Data Platform.

<sup>&</sup>lt;sup>2</sup> Unless noted otherwise, all data presented in this table is from the US Census Bureau, 2010-14 American Community Survey 5-Year Estimate. Data is calculated for hospital service area by algorithm on the Kaiser Permanente CHNA Data Platform.

<sup>&</sup>lt;sup>3</sup> US Department of Labor, Bureau of Labor Statistics, December 2015.

# VII. Who was Involved in the Implementation Strategy Development

The implementation strategies were developed with input from Kaiser Permanente staff, community members, and collaborating consultants.

# a. Partner Organizations

KFH Vacaville, with support from Harder+Company Community Research and Raimi + Associates, developed its implementation strategies (IS) in alignment with other Kaiser Foundation Hospital facilities in Northern California. Strategy selection was conducted by the KFH Vacaville community benefit manager with input from the Contributions Committee. Strategy selection was conducted in part by the KFH Santa Rosa community benefit manager with input from the Contributions Committee. In addition, selected health needs may be addressed through other organizational community benefits and in-kind investments.

# b. Community Engagement Strategy

While not required by Federal CHNA regulations, Kaiser Permanente encourages all KFH facilities developing Implementation Strategy plans to elicit community input throughout the plan development process. Voluntary community member and stakeholder engagement in the implementation strategy development process is intended to enable:

- KFH facilities to develop a deeper understanding of community perspective in developing Implementation Strategies, allowing opportunities for increased collaboration, potential impact, and sustainability;
- Opportunities to engage community members beyond organizations and leaders with whom facilities may typically collaborate;
- Transparency throughout the implementation strategy development process; and
- Opportunities to inform community leaders about Kaiser Permanente's unique structure and resources to effectively foster meaningful partnerships.

In order to obtain input on the process of selecting strategies for implementation, KFH Vacaville convened six representatives from select partner organizations for a two hour meeting on September 26, 2016 to obtain input about strategy selection. The purpose of this meeting was to provide an overview of health priorities and proposed strategies to promote discussion and information sharing with partners. For each selected health need, community partners provided recommendations regarding which key strategies to focus on, and highlighted existing local efforts that align with these strategies and key populations. The community engagement session included representatives from the following organizations:

- Vacaville United School District
- Fairfield Police Activities League
- Vacaville Boys and Girls Club
- Solano County Public Health Department

Among other criteria, participants considered the broader community prioritization of health needs that was a part of the CHNA process as they discussed each health need. Discussion during this session also identified existing and potential partnerships in the community. Finally, community input helped to inform which strategies the facility should focus on in order best to support existing efforts in the community, and identify priority populations for each strategy of interest. For example, when healthy eating/active living was discussed, meeting participants agreed that their clients, across counties and racial/ethnic groups, had far greater access to sugary foods and beverages at corner stores than they did healthy foods and drinks.

#### c. Consultant Used

Harder+Company Community Research: Harder+Company Community Research is a comprehensive social research and planning firm with offices in San Francisco, Sacramento, Los Angeles, and San Diego. Harder+Company works with public sector, nonprofit, and philanthropic clients nationwide to provide high quality, culturally-based evaluation, planning, and consulting services. Harder+Company Community Research has deep experience conducting CHNAs throughout California, and worked with several Kaiser Permanente facilities to complete 2016 CHNAs and Implementation Strategies.

**Raimi + Associates**: Raimi + Associates is a community planning, research, and evaluation firm with offices in Berkeley, Los Angeles, and Riverside. Raimi + Associates' mission is to provide consulting services that support healthy, equitable, and sustainable communities.

# VIII. Health Needs that KFH Vacaville Plans to Address

#### a. Process and Criteria Used to Select Health Needs

In order to select health needs that KFH Vacaville will address in the 2017-2019 implementation plans, the KFH Vacaville and KFH Vallejo Contributions Committee convened for discussion and input. KFH Vacaville selected a smaller number of needs from a broader list of significant health needs identified during the CHNA process in order to maximize the hospital's ability to focus resources and have meaningful impact. Meeting participants considered the following criteria while making recommendations about which health needs to select:

| Criteria               | Definition   |
|------------------------|--|
| 1. CHNA prioritization | How the health need ranked in the CHNA (takes into account severity,       |
|                        | scale & community prioritization).   |
| 2. Health              | The health need disproportionately impacts the health status of one or     |
| disparities/equity     | more vulnerable population groups.   |
| 3. KP expertise        | KP can make a meaningful contribution to addressing the need because       |
|                        | of its relevant expertise as an integrated health system and because of an |
|                        | organizational commitment to addressing the need.                          |
| 4. Ability to leverage | There is an opportunity to have Regional CB funding be deployed due to     |
| organizational         | alignment with region wide needs as well as opportunity to draw down       |
| assets                 | other assets of the organization (Total Health).                           |
| 5. Feasibility         | Kaiser Permanente has the ability to have an impact given the resources    |
|                        | available.   |
| 6. Leverage County-    | There is an opportunity to leverage county-wide funding by supporting      |
| wide Funding           | county-wide or cross-county projects.                                      |
| 7. Existing or         | There are effective or promising strategies, preferably evidence-based,    |
| promising              | that could be applied to address the need.                                 |
| approaches             |  |
| 8. Ability to leverage | There is an opportunity to collaborate with existing community             |
| community assets       | partnerships working to address the need, or to build on current           |
|                        | programs, emerging opportunities, or other community assets.               |

Each meeting participant ranked the health needs on a scale of 1-3 (1 being low and 3, high), for each criterion presented above. KP expertise, ability to leverage county-wide assets, and feasibility scores were weighted as 2 times the score of other criteria. The final results of this scoring were discussed by participating members, and in subsequent meetings with the Public Affairs Director. Considering the scores and discussion as input, along with the desire to align with other regional KFH hospitals, KFH Vacaville selected the final set of health needs to be addressed by the 2017-19 Implementation Strategies.

#### b. Health Needs that KFH Vacaville Plans to Address

1. <u>Healthy Eating/Active Living</u>: In the KFH Vacaville service area, an estimated 28.8% of adults are obese; among youth, 20.3% are obese. In primary data collection, obesity was noted as an issue in Solano County as a result of unhealthy eating options, lack of safe places for physical activity, and lack of knowledge about nutrition. Overweight and obesity are strongly related to stroke, heart disease, some cancers, and type 2 diabetes.

This health need was recommended for selection by the Contributions Committee because it received a high score across all selection criteria.

2. Access to Care and Coverage: Ability to utilize and pay for comprehensive, affordable, quality health care is essential in order to maximize the prevention, early intervention, and treatment of health conditions. With the implementation of the ACA, many adults have access to insurance coverage and regular healthcare. However, disparities persist. Premiums for health insurance remain high, many providers do not accept Medi-Cal or have long waiting lists, and community members express challenges in understanding and navigating the health care system.

KFH Vacaville has prioritized this health need because it received a high score across all selection criteria, most notably with respect to *KP expertise*.

**3.** <u>Behavioral Health</u>: Behavioral health includes mental health and substance use concerns. Mental health includes emotional, behavioral, and social well-being. Poor mental health, including the presence of chronic toxic stress or psychological conditions such as anxiety, depression or Post-Traumatic Stress Disorder, has profound consequences on health behavior choices and physical health. Mental health was raised as a high concern in the 2016 CHNA. Most notably, KFH Vacaville service area residents have a high risk of suicide. The suicide rate in the service area is 12.6 per 100,000 residents.<sup>6</sup> Among residents in the service area, 14.2% need mental health care.<sup>7</sup>

Substance use, including use or abuse of tobacco, alcohol, prescription drugs, and illegal drugs, can have profound health consequences. In the KFH Vacaville service area, substance abuse was identified as a concern in the 2016 CHNA, particularly with respect to alcohol consumption. Among adults, 18.6% of residents report heavy alcohol consumption. Community members reported that crack, crystal meth, alcohol, and tobacco are the substances that they see or hear most about in Solano County.

KFH Vacaville has selected to prioritize this health need at the recommendation of the Contributions Committee, who scored this health need high with respect to criteria including CHNA prioritization, evidence of disparities, organizational leverage, and existing or promising practices.

**4. Community and Family Safety**: Community and family safety includes violence by community members or law enforcement, as well as domestic violence and abuse. In the KFH Vacaville service area, community members visit the emergency department at a rate of 418.9 visits per 100,000 people as result of assault, and 16.6 visits per 100,000 people as a result of domestic violence.9 Homicide is disproportionately affecting Black residents, with 25.8 Black residents dying due to homicide per 100,000 residents.<sup>10</sup>

<sup>&</sup>lt;sup>4</sup> Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, 2012.

<sup>&</sup>lt;sup>5</sup> California Department of Education, FITNESSGRAM® Physical Fitness Testing, 2013-14.

<sup>&</sup>lt;sup>6</sup> University of Missouri, Center for Applied Research and Environmental Systems. California Department of Public Health, CDPH - Death Public Use Data, 2010-12.

<sup>&</sup>lt;sup>7</sup> University of California Center for Health Policy Research, California Health Interview Survey. 2013-14.

<sup>&</sup>lt;sup>8</sup> Centers for Disease Control and Prevention, Behavioral Risk Factor Surveillance System. Accessed via the Health Indicators Warehouse, 2006-12.

<sup>&</sup>lt;sup>9</sup> California Department of Public Health, EpiCenter Overall Injury Surveillance, 2011-13.

<sup>&</sup>lt;sup>10</sup> University of Missouri, Center for Applied Research and Environmental Systems. California Department of Public Health, CDPH - Death Public Use Data. 2010-12.

KFH Vacaville has selected to prioritize this health need at the recommendation of the Contributions Committee, who scored this health need high with respect to several criteria including disparities/equity, and in response to community data collected during the CHAN that emphasizes the importance of this health need.

# IX. KFH Vacaville's Implementation Strategies

As part of the Kaiser Permanente integrated health system, KFH Vacaville has a long history of working internally with Kaiser Foundation Health Plan, The Permanente Medical Group, and other Kaiser Foundation Hospitals, as well as externally with multiple stakeholders, to identify, develop and implement strategies to address the health needs in the community. These strategies are developed so that they:

- ✓ Are available broadly to the public and serve low-income individuals.
- ✓ Reduce geographic, financial, or cultural barriers to accessing health services, and if they ceased would result in access problems.
- ✓ Address federal, state, or local public health priorities.
- ✓ Leverage or enhance public health department activities.
- ✓ Advance increased general knowledge through education or research that benefits the public.
- ✓ Otherwise would *not* become the responsibility of government or another tax-exempt organization.

KFH Vacaville is committed to enhancing its understanding about how best to develop and implement effective strategies to address community health needs and recognizes that good health outcomes cannot be achieved without joint planning and partnerships with community stakeholders and leaders. As such, KFH Vacaville welcomes future opportunities to enhance its strategic plans by relying on and building upon the strong community partnerships it currently has in place.

KFH Vacaville will draw on a broad array of strategies and organizational resources to improve the health of vulnerable populations within our communities, such as grant-making, in-kind resources, collaborations and partnerships, as well as several internal KFH programs. The goals, outcomes, strategies, and examples of resources are described below for each selected health need. Strategies in bold are those recommended by the Contributions Committee to direct community benefit support and investments.

# **Healthy Eating/Active Living**

#### **Long-term Goal**

All community members eat better and move more as part of daily life in order to prevent and reduce the impact of chronic conditions (e.g. obesity, diabetes, CVD).

# **Intermediate Goals**

- Improve healthy eating among residents in low-income, under-resourced communities.
- Increase physical activity among residents in low-income, under-resourced communities.

# **Strategies**

# Healthy eating strategies

- Increase access to healthy, affordable foods, including fresh produce, and decrease access to unhealthy food.
- Increase access to free, safe drinking water.
- Reduce access to and appeal of sugar sweetened beverages.
- Increase enrollment in and use of federal food programs.

# Physical activity strategies

- Increase access to safe parks and public spaces.
- > Increase opportunities for active transportation.
- Increase access to physical activity opportunities in the community.
- Increase access to physical activity opportunities in schools.

#### For example:

- Provide grants for food banks, nutritious cooking classes for youth and healthy eating programs for seniors
- Provide grants for advocacy effort and education about the health risks of sugar-sweetened beverages.
- Provide grants for programs that support physical activity among youth.
- Provide grants for programs that promote physical activity in school curricula.
- Deploy physicians and clinicians to speak/educate community members on nutrition and physical activity.
- Partner with the Food-Ag-Nutrition Network and the Solano Coalition for Better Health to improve access to health food in Solano County
- > Support local restaurants and caterers that meet healthy food guidelines.
- Provide Kaiser Permanente's Educational Theater, programming that provides education in schools on health and wellness.

# **Expected Outcomes**

# **Healthy eating**

- Increased consumption of fruits and vegetables.
- Increased consumption of water.
- Decreased consumption of sugar sweetened beverages (SSBs).
- > Increased enrollment and participation in federal food programs.

### Physical activity

- Increased use of parks and public spaces.
- Increased walking and biking to school and work.
- Increased physical activity.

#### **Access to Care and Coverage**

# Long-term Goal

All community members have access to high quality, culturally and linguistically appropriate health care services in coordinated delivery systems.

### **Intermediate Goals**

- Increase access to comprehensive health care services for low-income and vulnerable populations.
- > Improve the capacity of health care systems to provide quality health care services.
- > Increase access to social non-medical services that support health for low-income and vulnerable populations.

# **Strategies**

#### **Access strategies**

- Provide high quality medical care to Medi-Cal participants.
- Provide access to comprehensive health care coverage to low-income individuals and families.
- Provide financial assistance to low-income individuals who receive care at KP facilities and can't afford medical expenses and/or cost sharing.
- > Support outreach, enrollment, retention and appropriate utilization of health care coverage programs.
- Increase access to primary and specialty care.

# Capacity of health system strategies

- Increase capacity of systems and individuals to adopt population health management.
- Increase capacity of systems to participate in value-based care.
- Improve navigation to obtain access to appropriate care within the health care system.
- Promote integration of care between primary and specialty care, including behavioral health care.

# Social non-medical service strategies

- Increase and systematize access to needed social non-medical services.
- Provide support to increase enrollment in public benefit programs (including federal food programs) among vulnerable and low-income populations.

#### **Workforce strategies**

- Increase access to training and education for diverse populations currently underrepresented in the health care workforce.
- > Support the recruitment, hiring and retention of a diverse, culturally competent health care workforce in the clinical and community based settings.

# For example:

- Provide grants for programs that support enrollment in affordable insurance coverage options.
- > Provide grants for programs that support healthy aging, especially programs that leverage technology and communications tools to make education about aging readily attainable.
- Provide grants for programs that support a network of services for children and families (e.g., family resource centers).
- Provide Medical Financial Assistance to patients that can't afford the cost of care
- Provide subsidized health care coverage to children in low-income families who lack access to other sources of coverage.
- Support rotation of residents and trainees in community health centers.
- ➤ Participate in collaboratives of local health care institutions, community colleges, workforce development organizations, and chambers of commerce to support the pipeline and hiring of diverse populations within health care.

## **Expected Outcomes**

#### Access

- Increased number of low-income patients who receive health care services/coverage provided by KP.
- Increased number of low-income patients that enroll in health care coverage programs.
- Increased use of preventative medical services by low utilizers.

# Capacity of healthy systems

- Increased quality of care provided by safety net providers through PHASE protocol.
- > Improved capacity of health systems to provide population health management.
- Increased integration of primary and specialty health care services.
- Improved capacity of safety net providers to assuming capitated risk.

# Social non-medical services

- Increased referrals and coordination between healthcare providers and social non-medical services.
- Increased enrollment and participation in public benefit programs.

# **Workforce**

- Increased number of people from underrepresented groups enrolling in job training programs.
- Increased number of culturally and linguistically competent and skilled healthcare providers.

### **Behavioral Health**

#### Long-term Goal

All community members experience social emotional health and wellbeing and have access to high quality behavioral health care services when needed.

#### **Intermediate Goals**

Expand prevention and support services for mild to moderate behavioral health conditions.

- Decrease stigma associated with seeking behavioral health services among vulnerable and diverse populations.
- ➤ Develop a diverse, well trained behavioral health care workforce that provides culturally sensitive behavioral health care.
- > Increase access to culturally and linguistically appropriate behavioral health services for vulnerable and low-income populations.

# **Strategies**

# **Prevention strategies**

- Provide screening and identification related to behavioral health needs among low-income, vulnerable and uninsured populations and connect them with the appropriate services or support.
- Support opportunities to prevent and reduce the misuse of drugs and alcohol.
- Provide access to programs, services or environments that evidence suggests improves overall social/emotional wellness.

# **Destigmatization strategies**

Support opportunities to reduce stigma through education and outreach in school, community and workforce settings.

# Workforce strategies

- Support the recruitment, hiring and retention of a diverse, culturally competent behavioral health care workforce in the clinical and community based settings.
- Increase access to training and education for diverse populations currently underrepresented in the behavioral health care workforce.

#### **Access strategies**

- Provide high quality medical care to Medi-Cal participants.
- Promote integration of care between primary and behavioral health care.
- Improve navigation to appropriate care within the health care system and support services in the community.
- Increase the capacity to respond appropriately to individuals and/or communities that have experienced trauma and/or violence.

#### For example:

- > Provide grants for programs that provide behavioral health case management.
- Provide grants for programs that offer substance and tobacco education.
- Provide grants for programs that offer behavioral health resources specifically for seniors.
- Provide grants for programs that offer resources and support for youth and families suffering from substance abuse.
- Provide grants for programs that support promotores and/or programs that support community health workers, providing them a space to decompress and share experiences and best practices while working with challenging populations.
- > KP Mental Health Training Program participants rotate through community clinics and other community based organizations to provide behavioral health services

#### **Expected Outcomes**

#### Prevention

- Increase enrollment in programs to improve social/emotional wellness.
- Increase screening for behavioral health needs.
- Increase participation in drug and alcohol prevention programs.

#### Destigmatization

Increase help seeking behavior for accessing behavioral health care.

#### Workforce

- Increase number of culturally and linguistically competent and skilled behavioral healthcare providers.
- Increase number of people from underrepresented groups enrolling in education and job training programs.

#### <u>Access</u>

- > Increase number of low-income patients who receive behavioral health care services.
- Increase integration of primary and behavioral health care services.
- Improve access to quality care for youth, families and communities experiencing violence.

# **Community and Family Safety**

# Long-term Goal

All community members live in safe environments and individuals who are victims or at-risk of violence have the support they need.

#### **Intermediate Goals**

- Improve safety in communities with high rates of violence.
- > Support prevention and early intervention efforts targeting youth that promote positive youth development and that focus on youth assets and resilience.
- > Improve safety in families through family violence prevention, screening and treatment efforts.
- Improve the quality of responsive care and services for youth and families experiencing violence and/or trauma to break the cycle of violence.

# **Strategies**

# Community safety strategies

- Increase availability of safe parks and public spaces.
- Build social cohesion in neighborhoods and community.
- Improve law enforcement and community relations.
- Promote public understanding of violence as a public health issue.

# Prevention and early intervention strategies

- > Increase availability of education, job training and enrichment programs for youth.
- > Support programs that promote non-violent solutions to conflict and alternatives to punitive responses.

# Healthy family strategy

Support programs that prevent and address family violence through reducing risk factors, enhancing protective (resilience) factors and linking to appropriate resources.

#### Responsive care and service strategies

- Support targeted gang/offender outreach and case management.
- Increase the capacity to respond appropriately to individuals and/or communities that have experienced trauma and/or violence.
- Provide victims of violence with services needed for recovery and resilience.
- > Support integration of health care with community based programs and services that address violence-related issues among patients and the community.

# For example:

- Provide grants for programs that provide tutoring services for youth, programs that support youth development and leadership.
- Provide grants for programs that offer after-school and weekend enrichment, education, and job training activities for youth.

- Provide grants for trauma informed care programs.
- Implement a paid summer internship program for underserved high school students at KP medical centers and administrative offices.
- Provide KP's Educational Theater, programing that provides education in schools on health and wellness.

#### **Expected Outcomes**

## Community safety strategies

- Increase use of parks and public spaces.
- Increase community perception of safety.
- Increase trust between law enforcement and community members.
- > Increase community perception that violence is a preventative public health issue.

# Prevention and early intervention strategies

- Increase enrollment and completion of education and job training programs for youth.
- Improve capacity of systems or organizations to implement non-violent solutions to conflict and alternatives to punitive responses.

# Healthy family strategy

Increase participation in prevention programs and support services for those at risk of family violence.

# Responsive care and service strategies

- Decrease recidivism.
- Increased organizational capacity to offer quality services to individuals and communities experiencing trauma/violence.
- Increase enrollment and completion of education and job training programs for youth.

# **Additional Community Benefit Priorities**

In addition to addressing the selected health needs described above, Kaiser Permanente, as an integrated health care delivery system, dedicates resources that target broader health system needs and upstream determinants of health.

Kaiser Permanente deploys dedicated research expertise to conduct, publish, and disseminate high quality epidemiological and health services research to improve the health and medical care throughout our communities. Access to reliable data is a significant need of the overall health care system and can also be implemented in service of the identified health needs. Deploying a wide range of research methods contributes to building general knowledge for improving health and health care services, including clinical research, health care services research, and epidemiological and translational studies on health care that are generalizable and broadly shared. Conducting high quality health research and disseminating its findings increases awareness of the changing health needs of diverse communities, addresses health disparities, and improves effective health care delivery and health outcomes in diverse populations disproportionally impacted by heath disparities. Research projects encompass epidemiologic and health services studies as well as clinical trials and program evaluations. They cover a wide range of topics including cardiovascular disease, cancer, diabetes, substance abuse, mental health, maternal and child health, women's health, health care delivery, health care disparities, pharmaco-epidemiology, and studies of the impact of changing health care policy and practice.

In addition to our significant Community Benefit investments, Kaiser Permanente is aware of the significant impact that our organization has on the economic vitality of our communities as a consequence of our business practices including hiring, purchasing, and environmental stewardship. We will explore opportunities to align our hiring practices, our purchasing, our building and our environmental stewardship efforts with the goal of improving the conditions that contribute to health in our communities.

#### X. Evaluation Plans

KFH Vacaville will monitor and evaluate the strategies listed above for the purpose of tracking the implementation of those strategies as well as to document the anticipated impact. Plans to monitor this work will be tailored to each strategy and will include the collection and documentation of tracking measures, such as the number of grants made, number of dollars spent, and number of people reached/served. In addition, KFH Vacaville will require grantees to propose, track, and report outcomes, including behavior and health outcomes as appropriate. For example, outcome measures for a strategy that addresses obesity/overweight by increasing access to physical activity and healthy eating options might include number of students walking or biking to school, access to fresh locally grown fruits and vegetables at schools, or number of weekly physical activity minutes.

# XI. Health Needs Facility Does Not Intend to Address

KFH Vacaville has unique resources, expertise, and capacity to dedicate to the four chosen health needs. The remaining health needs prioritized in the 2016 CHNA will not be addressed by KFH Vacaville because the facility has chosen to concentrate resources in health need areas where Kaiser Permanente can align with existing local and regional efforts, and maximize the impact of organizational resources. A number of community partners have undertaken initiatives to address the additional health needs as outlined below. While this Implementation Strategy Report responds to the CHNA and Implementation Strategy requirements in the Affordable Care Act and IRS Notices, it is not exhaustive of everything we do to enhance the health of our communities. KFH Vacaville will look for collaboration opportunities that address needs not selected where it can appropriately contribute to addressing those needs. The needs that will not be addressed are:

#### Disease Prevention, Management, and Treatment

Disease Prevention, Management, and Treatment refers to clinical treatment and management of chronic and infectious diseases such as cancer, heart disease, and STIs. In implementation planning, KFH Vacaville decided to partially address this need through strategies aimed to address Access to Care and Coverage, as these two health needs are interrelated. By investing in programs that will improve navigation to obtain access to appropriate care within the health care system, and by providing high quality care to Medi-Cal patients, KFH Vacaville will support chronic disease management and early screening for diseases.

# Affordable and Accessible Transportation

Transportation needs identified in the KFH Vacaville service area are related to other issues addressed in this implementation plan, including community safety and access to health care. While KFH Vacaville did not select this need, we understand that the causes are broad, and the solutions extend beyond specific communities across the Region, and State. Progress in achieving affordable and accessible transportation may require partnering with non-traditional partners, beyond health care providers. To achieve the greatest impact and maximize use of its resources, KFH Vacaville chose to address other health needs in this implementation plan. To the extent that access to transportation is identified as a key barrier to obtaining needed access to physical and behavioral health care, KFH Vacaville may address elements of this need as a method to improve access to preventative care and treatment.

#### **Economic and Housing Security**

Economic and Housing Security, defined principally by community residents as deep concerns about housing costs, the need for well-paying jobs, and affordable public transportation, was identified in each of the communities served by Kaiser Foundation Hospitals. Although the Contributions Committee ranked Economic and Housing Security high with respect to criteria such as *disparities/equity* and *CHNA prioritization*, this health need was ranked low with respect to *KP expertise, feasibility*, and *ability to leverage community assets*. Ultimately, KFH Vacaville did not select this need because our expertise is stronger in other areas and thus we may be better positioned to leverage our resources to affect positive change towards other health needs. However, we understand that the causes of poverty and housing instability are complex, and collaborative partnerships are needed to address this health need. Investments

into community infrastructure, and solving the crisis of affordable housing requires many non-traditional partners, beyond health care providers. Kaiser Permanente intends to explore opportunities to support innovative solutions that promote affordable housing, prepare community residents to be successful in seeking jobs and careers, and support effective connections to social services, to address both the causes and impact of economic security.